



**ROPE MILL DIRTY DUATHLON  
AND 3.3 MILE TRAIL RUN**

**November 13, 2021**

**Please Select Category:**

**Individual:**

- Beginner Female
- Intermediate Female
- Expert Female
- Beginner Male <40
- Beginner Male 40+
- Intermediate Male <40
- Intermediate Male 40+
- Expert Male <40
- Expert Male 40+
- Clydesdale (200+ lbs)
- Singlespeed Open
- 50+ Open
- Junior (18 & Under)
- 3.3 Mile Trail Run

**Team Relay:**

- 2 Person Male Beg/Int
- 2 Person Male Int/Adv
- 2 Person Coed Beg/Int
- 2 Person Coed Int/Adv
- 2 Person Female
- 2 Person Under 18
- 3 Person Beginner

**Solo, Team Captain, or 3.3 mile run participant information:**

Name: \_\_\_\_\_ Age on 12-31-21: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Emergency Contact Name and Phone: \_\_\_\_\_  
 Shirt Size: Unisex XS S M L XL XXL / Womens S M L (All participants receive shirt, limited sizes after 10/30)

**Teammate Information: (leave blank if solo racer)**

Name: \_\_\_\_\_ Age on 12-31-21: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Emergency Contact Name and Phone: \_\_\_\_\_  
 Shirt Size: Unisex XS S M L XL XXL / Womens S M L (All participants receive shirt, limited sizes after 10/30)

**Teammate Information: (leave blank if solo racer, 3 person first-timer only)**

Name: \_\_\_\_\_ Age on 12-31-21: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Emergency Contact Name and Phone: \_\_\_\_\_  
 Shirt Size: Unisex XS S M L XL XXL / Womens S M L (All participants receive shirt, limited sizes after 10/30)

**Please note: The registration deadline to guarantee shirt size is October 30. If you register after October 30 you will receive a shirt, however limited sizes may be available.**

**Race Entry Fees:**

**Individual:**

On or Before Oct 13, \$50  
After Oct 13, \$55

**2 Person Team Relay:**

On or Before Oct 13, \$80 (per team)  
After Oct 13 \$90 (per team)

**3 Person Team Relay:**

On or Before Oct 13, \$115 (per team)  
After Oct 13, \$125 (per team)

**3.3 Mile Trail Run**

On or Before Oct 13, \$35  
After Oct 13, \$40

**All mail in entries must be received by Thursday, November 11th, 2021 or sooner if event fills up. There will be no race day registration. Limit of 330 racers.**

**Please make checks payable to MOUNTAIN GOAT ADVENTURES, and mail completed Entry Forms to:**

Mountain Goat Adventures  
1060 Transart Parkway  
Canton, GA 30114

**All racers must sign waiver at race check-in  
Awards presented to the top 3 in each category**

**Please visit [www.mountaingoatadventures.com/ropemill](http://www.mountaingoatadventures.com/ropemill) for directions, schedule, course maps, and additional event details.**

